

## Step 2: Identifying Worldly Beliefs

Who I am (worldly identities)	+	Who God is (worldly misperceptions)	=	How to live (the world's way)
<b>Chapter 4: Self-Righteousness</b>		<b>God isn't wise and powerful</b>		<b>Controlled by fear of failure</b>
I am what I have and do		God doesn't know what he's doing		I will decide for myself what is right
I am what I don't have and can't do		God is distant / absent		I have to justify myself / I have to prove I'm not _____
I'm a failure/ I'm a loser		God is holding out on me		I have to be strong / hard / pushy / loud
I'm stupid / I'm dumb / I'm a moron		God is disappointing / isn't enough for me		I have to have the answers / I have to know / I have to understand
I'm a disappointment		God isn't truthful / God is a liar		I can't cope / I can't manage / I can't ask for help
I'm better than / superior		God should fix my problems		I have to do everything / I have to hold it together / I have to fix it
I'm the boss / I'm in control		God owes me		I have to be better than others / the best / a winner
I'm responsible for everything		God should do what I want		I have to be perfect / I can't make a mistake / I have to do it right
I'm worthless		God is irrelevant		I will get what I want / I will do what I want / I will be in control
<b>Chapter 5: Idolatry</b>		<b>God isn't loving</b>		<b>Controlled by fear of rejection or abandonment</b>
I am who they say I am		God is against me / God isn't for me		I will look and listen to others rather than God
I'm unlovable		God doesn't like me / God doesn't love me		I will make them want me / love me / respect me / listen to me
I'm not wanted / I'm a bother		God is like my earthly father / mother		I need to be needed / I don't need anyone
I'm not worth caring about		God doesn't care about me		I have to do what they want me to do / be who they want me to be
I'm not worth listening to		God doesn't listen to me / hear me		I will (not) be like my mother / my father / my sister / my brother
I'm all alone		God abandoned me / God will abandon me		I won't let anyone in / I will keep other people out
I'm forsaken		God doesn't / won't give me what I need		I won't let anyone see who I really am / I don't know who I am
<b>Chapter 6: Unresolved Guilt</b>		<b>God isn't good</b>		<b>Controlled by fear of punishment or need to punish someone</b>
I'm the Judge and Jury		God isn't fair		I will blame others / God / myself
I'm the bad guy / the good guy		God is mean / God is out to get me		I will teach them a lesson / I will teach myself a lesson
I'm always guilty / always innocent		God's going to do something bad to me		I will decide who's the good guy / who's the bad guy
I'm unforgivable / I'm faultless		God can't / won't forgive me		I will punish them (myself) / I will make them pay (I have to pay)
I'm condemned		God will punish me / condemn me		I can't / won't accept God's forgiveness and cleansing
<b>Chapter 7: Unresolved Shame</b>		<b>God isn't trustworthy</b>		<b>Controlled by fear of exposure</b>
I'm defective / less than		God made a mistake when he made me		I will run away / I will hide
I'm powerless / I'm trapped		God can't really change people		I can't trust anyone / I can't trust men (women) / I can't trust God
I'm a victim / I'm not safe		God can't change me		I will wear a mask / I will pretend
I'm useless / I'm nobody		God can't use me		I won't say what I think / what I feel / what I like / what I need
I'm garbage / I'm trash		God only wants to use me		I will never let anyone hurt me again / I will not feel
I'm hopeless		God isn't reliable		I will escape / I will be invisible

We demolish arguments and every pretension that sets itself up against the knowledge of God . . .

**2 Corinthians 10:5a**