

## Step 3: Identifying Godly Beliefs

Who God is (in reality)	=	Who I am (in Christ)	+	How to live (God's way)
<b>Chapter 4: Christ's Righteousness</b>		<b>I am totally accepted</b>		<b>I will trust in God's wisdom and power, not my own</b>
God is wise and powerful		I am justified by God's grace		I will hide God's Word in my heart, not just in my head
God knows what he's doing		I am God's workmanship		I will fix my eyes on Jesus
God can show me the way		I am competent in Christ		I will follow God
God has good plans for my life		I am free to do what God calls me to do		I don't have to justify or prove myself
God is always truthful		I am set apart for God		I don't have to know everything, God knows
God is perfectly holy		I am a temple of the Holy Spirit		I don't have to be in control / I can let God be God
God is a God of order		I am a vessel of God		I don't have to panic / I don't have to be overwhelmed
God has given me inherent value		I am an ambassador for Christ		I can rest in God / I can have peace / I can be thankful
<b>Chapter 5: Christ's Love</b>		<b>I am deeply loved</b>		<b>I will listen to God first, not to other fallen people</b>
God is loving		I am God's beloved child / I am precious		I can have an intimate relationship with God
God will never reject or forsake me		I am adopted by God		I can relate to others out of my fullness in Christ
God hears me / God sees me		I am free to be who God calls me to be		I can be the person God created me to be
God is with me		I am never alone		I don't have to make myself fit in / be needed
God delights in me / God sings over me		I am chosen by God		I can appreciate others / I can value others
God has a place for me		I am a friend of God		I can allow space for others / I can be kind and gentle
God cares about me		I am cared for by God		I can be gracious / I can ask rather than demand
<b>Chapter 6: Christ's Forgiveness</b>		<b>I am fully forgiven</b>		<b>I will trust God to be the Judge and Jury, not myself</b>
God is good		I am covered by the blood of Jesus		I will receive Christ's forgiveness / I will be forgiving
God is the righteous Judge and Jury		I am cleansed by God		I will not punish myself, other people, or God
God never condemns me		I am not condemned		I will make space for God in my life
God is for me		I am a fallen creature worth dying for		I can cast my anxiety on God
God is merciful and forgiving		I am confident in Christ		I will give freely without expectation or manipulation
God is sacrificial / God is my Savior		I am secure in Christ		I can enjoy today / I can relax
<b>Chapter 7: Christ's Redemption</b>		<b>I am made new</b>		<b>I will run to God when I sin, not away from him</b>
God is trustworthy		I am fearfully and wonderfully made		I don't have to hide or wear a mask
God can change people / me		I am created in the image of God		I can have godly hope and not despair
God doesn't make mistakes		I am complete in Christ		I can live today as God's beloved child
God is faithful		I am special / unique / one of a kind		I can become more like Jesus
God doesn't give me a spirit of fear		I am not a victim / I am not powerless		I don't have to live in fear

. . . and we take captive every thought to make it obedient to Christ.

**2 Corinthians 10:5b**